

# Движения щёткой делайте медленные по схеме лимфотока

## WHY & HOW TO DRY BRUSH



- Dead Skin Exfoliating
- Lymphatic System Stimulating
- Cellulite Reducing
- Pores Unclogging
- Stress Relief

**5**  
MIN

**each day  
enough  
for good results**

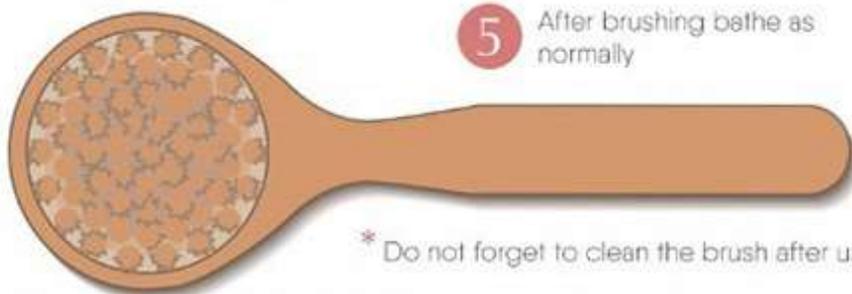
**1** Use a natural bristle brush with a long handle

**2** Do not wet the skin

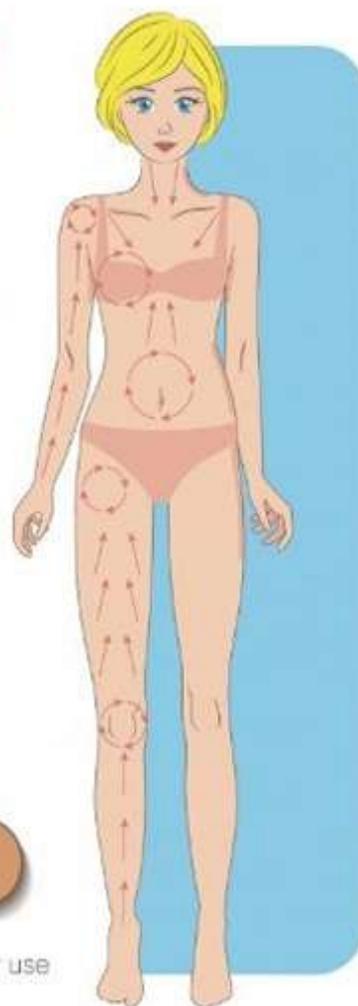
**3** Move in long sweeping motion toward heart

**4** Brush each area several times

**5** After brushing bathe as normally



\* Do not forget to clean the brush after use



**Не переусердствуйте,  
особенно, если кожа  
нежная**

